

2010 SPRING NATIONAL MENU

WK 1	FRIDAY	SATURDAY	SUNDAY	MONDAY			
WK 1	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST			
	HOT CEREAL			HOT CEREAL			
47100057	Oatmeal	6 oz Ladle	0.06	47100057	Oatmeal	6 oz Ladle	0.06
	ENTREE			ENTREE			
46843	Scrambled Eggs	4 oz Spoodle	0.26	46843	Scrambled Eggs	4 oz Spoodle	0.26
45086	Vanilla Belgian Waffles w/Berries	1 Waffle	0.61	45086	Vanilla Belgian Waffles w/Berries	1 Waffle	0.61
48317	Texas French Toast	2 Halves	0.21	401207374	Buttermilk Pancakes	2 Pancakes	0.13
129	Fried Egg O'Muffin with Ham	1 Sandwich	0.47	176600099	Hard Cooked Eggs	1 Egg	0.09
176600099	Hard Cooked Eggs	1 Egg	0.09	48637	Grits	6 oz Ladle	0.05
48637	Grits	6 oz Ladle	0.05	2968	Sausage Gravy & Biscuit	2- 2z Ladles+Biscuit	0.25
2968	Sausage Gravy & Biscuit	2- 2z Ladles+Biscuit	0.25	48196	Egg & Cheese Biscuit w/Sausage	1 Sandwich	0.59
	POTATO			POTATO			
46907	Home Fried Potatoes	4 oz	0.18	46907	Home Fried Potatoes	4 oz	0.18
	MEAT			MEAT			
92	Frizzled Ham	1 oz	0.17	33793	Turkey Bacon	2 Slices	0.17
	BAKERY			BAKERY			
48291	Cinnamon Raisin Biscuits	1 Biscuit	0.12	56030	Banana Breakfast Bread w/Streusel	1 Slice-Cut 12	0.32

WK 1	FRIDAY	SATURDAY	SUNDAY	MONDAY			
WK 1	LUNCH	LUNCH	LUNCH	LUNCH			
	SOUPS			SOUPS			
434312484	New England Clam Chowder	6 oz Ladle	0.36	48840	Creamy Tomato Basil Soup	6 oz Ladle	0.26
48815	Pasta E Fajoli	6 oz Ladle	0.23	48891	Cream of Broccoli Soup	6 oz Ladle	0.24
	GRILL			GRILL			
39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76	38212	Omelet Bar	1 Omelet	0.70
39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86				
13034	Texas-Style Grilled Cheese Sandwich	1 Sandwich	0.48				
4037	French Fries	4 oz	0.21				
129	Fried Egg O'Muffin with Ham	1 Sandwich	0.47				
47247	Turkey Burger	1 Sandwich	0.61				
47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36				
	GRILL SPECIAL			GRILL SPECIAL			
51875	Nachos	Each	0.60				
	DELI SPECIAL			DELI SPECIAL			
47598	Made to Order Deli Core	1 Sandwich	1.11	47598	Made to Order Deli Core	1 Sandwich	1.11
46051	Chilly Philly Biggie Sandwich	1 Sandwich	0.89	47598	Made to Order Deli Core	1 Sandwich	1.11
	INTERNATIONAL			INTERNATIONAL			
50311	Szechuan Pork Stir Fry	9.25 oz	0.90				
47041	White Rice	4 oz	0.05				
	ALTERNATE ENTREE			ALTERNATE ENTREE			
	MAIN ENTREE			MAIN ENTREE			
39254	Chicken Soft Tacos	1 Taco	0.33	47100057	Oatmeal	6 oz Ladle	0.06
39871181	Refried Beans	4 oz	0.18	46843	Scrambled Eggs	4 oz Spoodle	0.26
44771	Aztec Corn	4 oz	0.36	45086	Vanilla Belgian Waffles w/Berries	1 Waffle	0.61
211510867	Fresh Broccoli	4 oz	0.43	34939	Chocolate Chip Pancakes	2 Pancakes	0.28
	Header 14			48146	Scrambled Eggs with Chorizo	4 oz	0.34
				502	French Fried Tater Tots	4 oz	0.20
				47067	Sausage Links	2 Links	0.25
				48324	Applesauce Coffee Cake	1 Slice-Cut 12	0.43
				176600099	Hard Cooked Eggs	1 Egg	0.09
				48637	Grits	6 oz Ladle	0.05
				2968	Sausage Gravy & Biscuit	2- 2z Ladles+Biscuit	0.25
					Header 14		
				46970	Open Faced Hot Turkey Sandwich	1 Sandwich+Gravy	0.70
				47499	Green Peas	4 oz	0.23
				286904306	Glazed Baked Ham	3 oz	0.44
				44761	Scalloped Potatoes	4 oz	0.16
				44807	Whole Green Beans	4 oz	0.33
	VEGETARIAN			VEGETARIAN			
13110	Seattle Avocado Wrap	1 Pita	0.72	48966	Fried Tofu & Sweet Chili Sauce w/Rice	9 oz+4 oz Rice	1.14
	VEGAN			VEGETARIAN			
49067	Penne with Fra Diavolo Sauce	14 oz	0.72	8620	Vegan Macaroni Dinner	10 oz	0.35
					VEGAN		
					47864	Vegetarian Burrito	1 Burrito-10"
							1.01
	PIZZA			PIZZA			
43592	Cheese Pizza	1 Cut-8 (14")	0.34	43592	Cheese Pizza	1 Cut-8 (14")	0.34
43594	Pepperoni Pizza	1 Cut-8 (14")	0.40	43594	Pepperoni Pizza	1 Cut-8 (14")	0.40
51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59	51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59
47592	Herb Seasoned Breadsticks	1 Breadstick	0.10	47592	Herb Seasoned Breadsticks	1 Breadstick	0.10
439400000	Marinara Sauce	4 oz Ladle	0.18	439400000	Marinara Sauce	4 oz Ladle	0.18
43725	Chicken Ranch Pizza	1 Cut-8 (14")	0.70				
	SPECIALTY SALADS			SPECIALTY SALADS			
16326	Marinated Bean Salad with Cumin	1 oz	0.06	47878	Viennese Linguine Salad	1 oz	0.09
46773	Carolina Chopped Slaw	1 oz	0.03	47493	Green Bean-Benne Salad	1 oz	0.03
	DESSERTS			DESSERTS			
188300000	Chocolate Chip Cookie	1 Cookie/1 oz	0.08	188500000	Oatmeal Raisin Cookie	1 Cookie/1 oz	0.09
1728	Marshmallow Rice Krispies Bars	1 Cut-6x8 HS	0.16	56021	Shoofly Pie Bar	1 Cut-6x8 FS	0.21
46914	Dulce de Leche Pudding Cup	5.5 oz Cups	0.28	46910	Vanilla Pudding Cup	5.5 oz Cups	0.17
46886	Berry Blue Jell-O Parfait	5.5 oz Cups	0.07	46932	Lemon Jell-O Parfait	5.5 oz Cups	0.07
				115700000	Sugar Cookie	1 Cookie/1 oz	0.07
				41930	Turtle Chai Latte Brownie	1 Cut - 6x4 (HS)	0.34
				46912	Chocolate Pudding Cup	5.5 oz Cups	0.17
				46930	Lime Jell-O Parfait	5.5 oz Cups	0.07
				35899	Cucumber, Tomato & Onion Salad	1 oz	0.08
				10433	Creamy Dilled Potato Salad	1 oz	0.04
					DESSERTS		
				188600000	Peanut Butter Cookie	1 Cookie/1 oz	0.08
				39419	Bourbon Street Bar with Snickers Pieces	1 Cut-6x8 FS	0.24
				52033	Chillin' Orange Mango Mousse	.5 Cup	0.30
				46924	Orange Jell-O Parfait	5.5 oz Cups	0.07

WK 1 FRIDAY				WK 1 SATURDAY				WK 1 SUNDAY				WK 1 MONDAY			
DINNER				DINNER				DINNER				DINNER			
SOUPS				SOUPS				SOUPS				SOUPS			
434312484	New England Clam Chowder	6 oz Ladle	0.36	48840	Creamy Tomato Basil Soup	6 oz Ladle	0.26	48891	Cream of Broccoli Soup	6 oz Ladle	0.24	48834	Old Fashioned Chicken Noodle Soup	6 oz Ladle	0.25
48815	Pasta E Fagioli	6 oz Ladle	0.23									48927	Vegetarian Lentil & Spinach Soup	6 oz Ladle	0.18
GRILL				GRILL				GRILL				GRILL			
39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76	39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76	39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76	39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76
39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86	39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86	39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86	39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86
46982	Cheese Quesadilla & Salsa	1 Quesadilla	0.54	46982	Cheese Quesadilla & Salsa	1 Quesadilla	0.54	46982	Cheese Quesadilla & Salsa	1 Quesadilla	0.54	46982	Cheese Quesadilla & Salsa	1 Quesadilla	0.54
4037	French Fries	4 oz	0.21	4037	French Fries	4 oz	0.21	4037	French Fries	4 oz	0.21	4037	French Fries	4 oz	0.21
47247	Turkey Burger	1 Sandwich	0.61	47247	Turkey Burger	1 Sandwich	0.61	47247	Turkey Burger	1 Sandwich	0.61	47247	Turkey Burger	1 Sandwich	0.61
47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36	47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36	47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36	47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36
GRILL SPECIAL				GRILL SPECIAL				GRILL SPECIAL				GRILL SPECIAL			
								51445	Taco Quesadilla	1 Quesadilla	0.87	47231	Honey BBQ Roast Chicken Sandwich	1 Sandwich	0.71
DELI SPECIAL				DELI SPECIAL				DELI SPECIAL				DELI SPECIAL			
47598	Made to Order Deli Core	1 Sandwich	1.11	47598	Made to Order Deli Core	1 Sandwich	1.11	47598	Made to Order Deli Core	1 Sandwich	1.11	47598	Made to Order Deli Core	1 Sandwich	1.11
55841	Hummus, Avocado, & Roasted Veggie Wrap	1 Wrap	0.54	56071	Baja Turkey Flatbread Sandwich	1 Sandwich	0.87	47916	Chicken Bruschetta Sub	1 Sub-6"	0.97	52024	Bombay Turkey Naanwich	1 Wrap	0.99
INTERNATIONAL				INTERNATIONAL				INTERNATIONAL				INTERNATIONAL			
45051	Big Ole Beef Burrito	1 Burrito-10"	0.74	56029	Ravioli Bar	4 oz+ 4 oz Ladle Sc	1.14	50305	Spicy Shrimp & Vegetable Stir Fry	6 oz	0.92	57703	Philly Cheesesteak Potato Bowl	1 Bowl	0.87
ALTERNATE ENTREE				ALTERNATE ENTREE				ALTERNATE ENTREE				ALTERNATE ENTREE			
MAIN ENTREE				MAIN ENTREE				MAIN ENTREE				MAIN ENTREE			
47045	Breaded Pollock w/ Tartar Sauce	1 Fillets	0.84	47507	Ground Beef & Potato Pie	1 Cut-4x6 FP	0.75	52191	Greek Rubbed Chicken Eighth	1 EIGHTH	0.55	16649	Roast Turkey Breast	4 oz	0.89
50412	Steak Cut French Fries	4 oz	0.23	405512162	Sillet Sweet Potatoes	4 oz	0.19	48012	Basil Orzo	4 oz	0.13	95701226	Chicken Gravy	2 oz Ladle	0.04
171203778	Creamy Cole Slaw	1 oz	0.03	44763	Steamed Baby Carrots	4 oz	0.23	47291	Broccoli with Garlic & Lemon	4 oz	0.47	367304053	Bread Dressing	4 oz	0.38
44807	Whole Green Beans	4 oz	0.33	51964	Spinach w/Garlic & Onions	4 oz	0.29	12110	Ratatouille	4 oz	0.26	9820	Whipped Sweet Potatoes	4 oz	0.20
												44794	Steamed Corn	4 oz	0.21
												21100000	Whole Berry Cranberry Sauce	2 Tbsp	0.07
VEGETARIAN				VEGETARIAN				VEGETARIAN				VEGETARIAN			
50611	Sweet & Sour Tofu Stir Fry	10.67 oz	0.57	48282	Breakfast Burrito	1 Each+1z LDL Salsa	0.37	49061	Mediterranean Veggie Pita	1 Pita	0.86	49153	Vegetarian Paella	8 oz	0.53
308210671	Jasmine Rice	4 oz	0.18	VEGAN				VEGAN				VEGAN			
				37432	Couscous (Vegan)	4 oz	0.35	49070	Vegetarian Lo Mein	10 oz	0.56	34878	Pad Thai with Tofu	13 oz	0.82
48898	Vegetarian Chili	6 oz Ladle	0.42	49076	Tunisian Vegetable Stew	6 oz Ladle	0.77								
PIZZA				PIZZA				PIZZA				PIZZA			
43592	Cheese Pizza	1 Cut-8 (14")	0.34	43592	Cheese Pizza	1 Cut-8 (14")	0.34	43592	Cheese Pizza	1 Cut-8 (14")	0.34	43592	Cheese Pizza	1 Cut-8 (14")	0.34
43594	Pepperoni Pizza	1 Cut-8 (14")	0.40	43594	Pepperoni Pizza	1 Cut-8 (14")	0.40	43594	Pepperoni Pizza	1 Cut-8 (14")	0.40	43594	Pepperoni Pizza	1 Cut-8 (14")	0.40
51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59	51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59	51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59	51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59
47592	Herb Seasoned Breadsticks	1 Breadstick	0.10	47592	Herb Seasoned Breadsticks	1 Breadstick	0.10	47592	Herb Seasoned Breadsticks	1 Breadstick	0.10	47592	Herb Seasoned Breadsticks	1 Breadstick	0.10
439400000	Marinara Sauce	4 oz Ladle	0.18	439400000	Marinara Sauce	4 oz Ladle	0.18	439400000	Marinara Sauce	4 oz Ladle	0.18	439400000	Marinara Sauce	4 oz Ladle	0.18
								55829	Ham, Swiss,&Spicy Mustard Flatbread Melt	1 Sandwich	0.69	51889	Pepperoni Lovers Calzone	1 Calzone	0.60
SPECIALTY SALADS				SPECIALTY SALADS				SPECIALTY SALADS				SPECIALTY SALADS			
16326	Marinated Bean Salad with Cumin	1 oz	0.06	47878	Viennese Linguine Salad	1 oz	0.09	47528	Macaroni Salad	1 oz	0.04	35899	Cucumber, Tomato & Onion Salad	1 oz	0.08
46773	Carolina Chopped Slaw	1 oz	0.03	47493	Green Bean-Benne Salad	1 oz	0.09	52665	Greek Side Salad	1 Oz.	0.09	10433	Creamy Dilled Potato Salad	1 oz	0.04
DESSERTS				DESSERTS				DESSERTS				DESSERTS			
16670	Banana Cake with Buttercream Icing	1 Cut-6x8 FS	0.35	48575	Yellow Cake with Fudge Icing	1 Cut- 8x6 HP	0.59	16655	Carrot Cake with Cream Cheese Frosting	1 Cut-6x8 FS	0.35	48476	Devil's Food Cake	1 Cut- 8x6 HP	0.60
425609390	Peach Cobbler	1 Cut-6x8 FP	0.20	69901809	Banana Cream Pie	1 Slice-Cut 8	0.63	46378	Churros with Dipping Sauces	1 Churro+1z Ladle SC	0.40	52065	Chocolate Chip Bread Pudding	1 Cut-6x4 HP	0.30
46914	Dulce de Leche Pudding Cup	5.5 oz Cups	0.28	46910	Vanilla Pudding Cup	5.5 oz Cups	0.17	46912	Chocolate Pudding Cup	5.5 oz Cups	0.17	52033	Chillin' Orange Mango Mousse	.5 Cup	0.30
46886	Berry Blue Jell-O Parfait	5.5 oz Cups	0.07	46932	Lemon Jell-O Parfait	5.5 oz Cups	0.07	46930	Lime Jell-O Parfait	5.5 oz Cups	0.07	46924	Orange Jell-O Parfait	5.5 oz Cups	0.07

WK 1 TUESDAY				WK 1 WEDNESDAY				WK 1 THURSDAY			
DINNER				DINNER				DINNER			
SOUPS				SOUPS				SOUPS			
48852	Chicken Tortilla Soup	6 oz Ladle	0.28	48836	Roast Turkey and Rice Soup	6 oz Ladle	0.18	56809	Navy Bean Soup	6 oz Ladle	0.20
48893	Loaded Baked Potato Soup	6 oz Ladle	0.23	38343	Cuban Black Bean Soup	6 oz Ladle	0.18	48906	Chunky Beef Noodle Soup	6 oz	0.23
GRILL				GRILL				GRILL			
39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76	39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76	39156	Hamburger with Lettuce & Tomato	1 Sandwich	0.76
39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86	39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86	39155	Cheeseburger w/Lettuce & Tomato on Bun	1 Sandwich	0.86
46982	Cheese Quesadilla & Salsa	1 Quesadilla	0.54	46982	Cheese Quesadilla & Salsa	1 Quesadilla	0.54	46982	Cheese Quesadilla & Salsa	1 Quesadilla	0.54
4037	French Fries	4 oz	0.21	4037	French Fries	4 oz	0.21	4037	French Fries	4 oz	0.21
47247	Turkey Burger	1 Sandwich	0.61	47247	Turkey Burger	1 Sandwich	0.61	47247	Turkey Burger	1 Sandwich	0.61
47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36	47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36	47876	Vegetarian Garden Cheeseburger	1 Sandwich	1.36
GRILL SPECIAL				GRILL SPECIAL				GRILL SPECIAL			
46005	Chicago Style Hot Dog	1 Sandwich	0.50	45996	Pizza Burger	1 Sandwich	0.69	51334	Grilled Vegetable Reuben Sandwich	1 Sandwich	0.81
DELI SPECIAL				DELI SPECIAL				DELI SPECIAL			
47598	Made to Order Deli Core	1 Sandwich	1.11	47598	Made to Order Deli Core	1 Sandwich	1.11	47598	Made to Order Deli Core	1 Sandwich	1.11
46045	Deli Chicken Salad on Kaiser	1 Sandwich	0.71	46047	Fluffernutter PBJ Club	1 Sandwich	0.83	46039	Greek Chicken Wrap	1 Wrap	0.95
INTERNATIONAL				INTERNATIONAL				INTERNATIONAL			
46905	Fettuccini Alfredo	12 oz	0.50	35031	General Tso's Chicken with Jasmine Rice	8.7 oz+4 oz Rice	1.12	56077	Country Chicken & Broccoli w/Potatoes	8 oz+4 oz POTS	0.83
50250	Fettucine Alfredo w/Shrimp	10.5 oz	1.15	ALTERNATE ENTREE				ALTERNATE ENTREE			
MAIN ENTREE				MAIN ENTREE				MAIN ENTREE			
46017	Meatloaf	3 oz	0.51	52132	Panko Crusted Pork Chop	1 Chop	0.54	56078	Meat Lasagna	1 Cut-8x4 FP	0.97
12881	Brown Gravy	2 oz Ladle	0.09	287609948	Apple Walnut Wild Rice	4 oz	0.69	484007917	Breadsticks	1 Breadstick	0.21
46903	Mashed Potatoes	4 oz	0.09	44807	Whole Green Beans	4 oz	0.33	49023	Italian Vegetable Blend	4 oz	0.23
47309	Steamed Cauliflower/Cheese Sauce	4 oz	0.18	44794	Steamed Corn	4 oz	0.21	418208244	Leaf Spinach	4 oz	0.08
211510867	Fresh Broccoli	4 oz	0.43	VEGETARIAN				VEGETARIAN			
VEGETARIAN				VEGETARIAN				VEGETARIAN			
48973	French Bread Pizza	1 Cut-4 (18")	0.42	49059	Red Beans & Rice	4 oz	0.35	47716	Roasted Vegetable Lasagna w/Marinara	1 Cut-3x3 HP	1.07
VEGAN				VEGAN				VEGAN			
49104	Pasta Fusilli	12.4 oz	0.93	PIZZA				PIZZA			
PIZZA				PIZZA				PIZZA			
43592	Cheese Pizza	1 Cut-8 (14")	0.34	43592	Cheese Pizza	1 Cut-8 (14")	0.34	43592	Cheese Pizza	1 Cut-8 (14")	0.34
43594	Pepperoni Pizza	1 Cut-8 (14")	0.40	43594	Pepperoni Pizza	1 Cut-8 (14")	0.40	43594	Pepperoni Pizza	1 Cut-8 (14")	0.40
51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59	51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59	51330	Vegetable Lovers Feast Pizza	1 Cut-8 (14")	0.59
47592	Herb Seasoned Breadsticks	1 Breadstick	0.10	47592	Herb Seasoned Breadsticks	1 Breadstick	0.10	47592	Herb Seasoned Breadsticks	1 Breadstick	0.10
439400000	Marinara Sauce	4 oz Ladle	0.18	439400000	Marinara Sauce	4 oz Ladle	0.18	439400000	Marinara Sauce	4 oz Ladle	0.18
51852	Spicy Roasted Veg Flatbread Pizza	1 Flatbread	0.63	51902	Buffalo Chicken Pizza Pocket	1 Pizza Pocket	0.86	47566	Spinach & Ricotta Flat Bread Pizza	1 Cut-4	0.85
SPECIALTY SALADS				SPECIALTY SALADS				SPECIALTY SALADS			
10340	Broccoli & Cavatelli Salad	1 oz	0.06	12630	Toasted Lentil Salad	1 oz	0.05	47674	Red Potato Salad with Chives	1 oz	0.08
45797	Oriental Cabbage Salad	1 oz	0.11	47243	Asian Noodle Salad	1 oz	0.05	218805244	Caesar Salad with Anchovies	1 oz	0.13
DESSERTS				DESSERTS				DESSERTS			
16655	Carrot Cake with Cream Cheese Frosting	1 Cut-6x8 FS	0.35	393408362	Sour Cream Pound Cake	1 Slice-Cut 12	0.22	48553	Orange Angel Cupcakes	1 Cupcake	0.32
69701807	Apple Pie	1 Slice-Cut 8	0.45	474007065	Chocolate Cream Pie	1 Slice-Cut 8	0.49	384807382	Peach Crisp	#12 Scoop	0.31
46918	Oreo Crumble Pudding Cup	5.5 oz Cups	0.27	48798	Strawberry Shortcake Pudding Cup	5.5 oz Cups	0.34	46920	Banana Cream Pie Pudding Cup	5.5 oz Cups	0.25
46926	Cherry Jell-O Parfait	5.5 oz Cups	0.07	46934	Strawberry Jell-O Parfait	5.5 oz Cups	0.07				